



# Nurture by Nature

## Alternative Designs

See the **Additional Activities** section for instruction on the activities used in these designs. An asterisk (\*) means that there is a separate instruction sheet for the activity.

### Module Expansion

Approximately 35 minutes

The Birth of Experience.....	:02
Nurture by Nature (video) .....	:10
Baby Steps to Understanding.....	:05
Seventh Generation Dotes on the Next Generation.....	:08
Call to Action.....	:05
Q&A .....	:05

### Lunch and Learn

Approximately 60 minutes

The Birth of Experience.....	:05
Nurture by Nature (video) .....	:10
Baby Steps to Understanding.....	:05
Seventh Generation Dotes on the Next Generation.....	:10
Diaper Engineering* .....	:05
Tips for a Healthier Nursery .....	:15
Call to Action.....	:05
Q&A .....	:05

### Serving Children with Special Needs

Approximately 45-60 minutes

The Birth of Experience.....	:03-:05
Nurture by Nature (video) .....	:10
Baby Steps to Understanding.....	:05-:10
Allergies and sensitivities*.....	:07-:10
Tips for a Healthier Nursery .....	:10
Call to Action.....	:05
Q&A .....	:05-:10